

Employee Assistance Program

Introductory Webinar

Morgan State University





SCOPE OF SERVICES

Common Reasons to Contact the EAP



EAP services are available to all employees and household members.

Choose How You Connect With Us



Call



Text



Live Chat



Online Form



Mobile App

What Happens
When You
Call the Employee
Assistance Program?





Call/Text



Online Form



Live Chat



BHS Mobile App

Dedicated Master's Level Care Coordinator



- ✓ In-the-moment support
- ✓ Holistic needs assessment
- ✓ Clinical recommendations
- ✓ Personalized action planning
- ✓ Appointment facilitation/scheduling
- ✓ Ongoing follow up and support



Local EAP Counselor

Benefits Navigation

Health Insurance
Network

Treatment Provider or
Facility

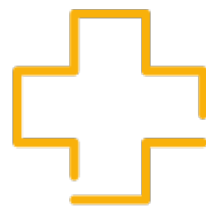
Community Resources

Work-Life Services

I help in all
areas of your
life



Emotional



Physical



Work



Financial



Social

The Next Steps



**In-the-moment
support**



**Coaching or
short-term
counseling**



Long-term care



**Additional
assessment**



**Well-Being
resources**

Work-Life Resources





Legal Consultation

- Consumer Scams
- Criminal Charges
- Divorce
- Child Custody
- Landlord and Tenant Disputes
- Motor Vehicle Violations
- Property



Financial Consultation

- Budgeting
- Identity Theft
- College Funding
- Debt Management
- Debt Consolidation
- Retirement Funding

BHS does not consult on work-related matters



PROMOTION AND COMMUNICATION

BHS Communication List

The BHS Focus Newsletter

The BHS Focus is a monthly newsletter for customer organizations and their employees. It provides relevant information, strategies, downloadable flyers and link to Café Series webinar. Other content found within the newsletter includes *BHS Recognized Observances, News & Tips, Wellness Bulletin, Supervisor Bulletin*, links to *BHS blogs* and *Success with BHS*.

This information can be shared with friends and family members. It is our hope that by providing this information, BHS will better your life.



Thank you for your interest in BHS!

You are now registered to receive the monthly *BHS Focus* newsletter for customers and participants.

Please make sure to have your IT department add bhsonline.com to your safe sender list.

MyBHS Portal



MyBHS Portal

- Live Chat
- Online Request for Services Form
- News Alerts
- Featured Monthly Well-Being Topics
- EAP Overview Video
- Themed Modules
- Resource Locators
- Legal Forms and Templates
- Financial Calculators
- Self-Paced Trainings

portal.bhsonline.com

Username: **MORGANSTATE**



The screenshot shows the MyBHS Portal homepage. At the top, there is a search bar and a 'CONNECT WITH US' section with the phone number 1-800-327-2251 and a link for 'Online Request for Services'. Below this is a red 'NEWS ALERT' banner for 'Hurricane Dorian'. A 'Featured this month: Parenting Teens' section includes links for 'Webinar', 'Quick Tip', and 'More Resources'. A central text block describes the Employee Assistance Program (EAP) as a free, confidential service available 24/7. Below this is a grid of 16 colorful icons representing various services: BHS Program Info, Emotional Well-Being, Crisis and Disaster, Relationships, Financial, Locators, Legal Forms, Personal Growth, Resilience, Recipes, Assessments, Calculators, Health Videos, Café Series Webinars, and Training Center. Each icon has a 'go' button. At the bottom, there is a yellow chat bubble that says 'Is there anything I can help you with today?'.

Download the BHS Mobile App



One-touch
Dialing



Live Chat



Ask a
Question



Articles



Assessments



Trainings and
Webinars

