



# PROTECT THE CAVE

## A Guide to Masks

### DO choose a mask that



Have two or more layers of washable, breathable fabric



Completely cover your nose and mouth



Fit snugly against the sides of your face and don't have gaps



Have a nose wire to prevent air from leaking out of the top of the mask



### How to Wear

Wear a mask correctly and consistently for the best protection

- Be sure to wash your hands or use hand sanitizer before putting on a mask.
- Do not touch the mask when wearing it. If you have to often touch/adjust your mask, it doesn't fit you properly, and you may need to find a different mask or make adjustments.
- Reusable masks should be washed regularly,
- Wash your hands after handling or touching a used mask.

**ANY QUESTIONS? COVID19@MORGAN.EDU**

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>

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