

#MorganStrong

Stand, Support and Strengthen



We understand through the global pandemic of COVID-19, employees are facing an ever-changing working environment. Teleworking, caring for family members, school-aged kids at home, all while maintaining a level of self-care, has presented new challenges we face as a community.

Here at Morgan State University, we would like to remind staff of available resources that can assist you and your family through this unprecedented time. We have to be conscious to take care of our mental, emotional and physical well-being so we can be the best self for those around us.

We STAND with you, we SUPPORT you and we will help to STRENGTHEN you!

BENEFIT RESOURCE

Behavioral Health options are available for *benefit-eligible employees and their dependents* that are enrolled in a State of Maryland employee medical plan. Behavioral Health plans assists employees and their covered dependents with their emotional, psychological, and social well-being.

To determine your level of coverage or find a behavioral health provider, contact your enrolled medical plan vendor.

CareFirst BlueCross BlueShield EPO/PPO - (800)-225-0131

Kaiser Permanente IHM - (855)-839-5763

United Healthcare, Choice EPO, Choice Plus PPO - (800)-382-7513

External Links are provided through your Workday online account.
See instructions below:

1. Click [here](#) to log into your Workday online account*

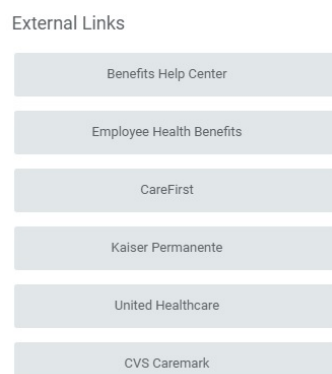
Remember to have your W# and password available.

If you need assistance with your account, please email marie.armstrong@morgan.edu or tielia.bean@morgan.edu

2. At your home page, click on the Benefits tab



3. At the right-hand side of the screen, you will see External Links



Click on the link of your insured vendor and you will be redirected to their State of Maryland Employee Benefits web page. The insurance vendors provide self-service and other accessible plan information. You also can search for providers that offer virtual behavioral health options if available.

ADDITIONAL RESOURCES

On Campus Resources

University Memorial Chapel - (443) 885-5105 - www.morgan.edu/uiversitychapel

University Police - (443) 885-3103 - msupolice@morgan.edu - www.morgan.edu/police

Off Campus Resources

House of Ruth - (410) 889-8782 - www.hruth.org

Maryland Coalition Against Sexual Assault (MCASA) - (301) 328-7023 - www.mcasa.org

TurnAround, Inc. - (410) 377-8111 - www.turnaroundinc.org

National Domestic Violence Hotline - (800) 799-7223

National Assault Legal Institute - (301) 565-2277 - www.mcasa.org/for-survivors/sali/

Tahirih Justice Center - (571) 282-6161 - www.tahirih.org

For assistance, email OHR@morgan.edu or call (443) 885-3195, and a member of our Benefits team will assist you.

*You must set up your OneLogin account before accessing Workday. Click [here](#) for instructions or email marie.armstrong@morgan.edu or nicole.credle@morgan.edu.