

Workstyle Action Plan Worksheet

You just tried four different ways of working. This worksheet will help you reflect on what felt natural and plan a real next step.

Step 1: Find a Natural Fit

What felt most natural?

- A. Helping someone solve a problem clearly
- B. Sharing a creative idea and working through feedback
- C. Supporting someone in a hard moment
- D. Spotting a pattern in data and making a smart recommendation

Answer: _____

Why do you think that felt natural?

What made that task feel easy, satisfying, or like something you'd want to do again?

Write 2-3 sentences:

Step 2: Build Your Skills and Interests

These are skills you just practiced in the simulation. They're also **real career skills** employers look for and that you can start building now through campus jobs, student organizations, volunteering, or internships. Which skill(s) would you like to keep building?

- | | |
|---|---|
| <input type="checkbox"/> Clear communication | |
| <input type="checkbox"/> Active listening | <input type="checkbox"/> Decision making |
| <input type="checkbox"/> Collaboration and teamwork | <input type="checkbox"/> Initiative and follow-through |
| <input type="checkbox"/> Problem solving | <input type="checkbox"/> Analytical thinking or working with data |
| <input type="checkbox"/> Giving and receiving feedback | <input type="checkbox"/> Adaptability under pressure |
| <input type="checkbox"/> Leadership | [Other:] _____ |
| <input type="checkbox"/> Facilitation or guiding group work | |

What's a way you can build that skill this term?

(Examples: "Join a student org committee" or "Practice giving feedback in group projects")

Brainstorm 1-2 ways you could build your selected skill(s) this term below:

Step 3: What's a Real Step You Can Take Next?

You don't need a perfect plan. **Pick one thing you could realistically try this term.** Not sure where to start? Look at the suggestions and check with your campus resources.

What you could do...

- ☐ Join a student org
 - ☐ Try a campus job
 - ☐ Take on a leadership role in a group you're already part of
 - ☐ Take a unique class or workshop
 - ☐ Sign up for office hours or a campus event
 - ☐ Ask someone about what they did to explore careers
 - ☐ Try another short job exploration simulation
 - ☐ Research a job or major that fits your skills
 - ☐ Start exploring internships
 - ☐ [Your own idea:]
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Where to start...

Visit your student life or involvement office

Check your college's job board or visit the career center
Ask the group leader how you can get more involved

Talk to your advisor or check the events calendar

Check your class syllabi or department bulletin board

Reach out to a peer mentor or upper-level student

Log into [Forage](#) or visit your career center

Use your school's major maps or career guides

Visit the career center and connect with instructors

[Where would you start?]

What will you try and when?

(Examples: "Talk to someone in my major next week" or "Look for an on-campus job this month")

Write your plan here:
