

# Forage Career Explorer: Syllabus Examples

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Adapt the below language to your needs in your syllabus.

## Technology and/or Course Components Section

### **Forage Simulation**

You will complete a virtual Forage simulation to explore your interest in different working styles and scenarios. Students will be asked to respond to a reflection prompt in Canvas OR participate in a live discussion activity related to the session.

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## Class Schedule Section

The examples below make it easy for you to embed the Career Explorer simulation in your syllabus. Depending on how much time commitment you'd like your students to have, you may use the simulation on its own or alongside related topics you might be teaching already.

### **Example 1: Simulation as an In-Class Assignment (1 hour)**

#### **WEEK 5: Tuesday, September 30 – Exploring Interests and Working Styles** **Discussion Post Due Sunday by 11:59 PM EST**

- Discussion Board (on your institution's LMS): *Decision Making* – How did you decide to come to [this institution]? Who or what influenced this decision? How does reflecting on this decision help you understand how you might make future decisions – what might you do the same or differently?"
- Respond to two classmates' discussion posts
- Before class: create Forage account through this [instructor link](#) [insert your custom link]

#### **Class Activities:**

- Complete Forage Foundations: Career Explorer simulation (30 min)
- Breakout groups: discuss simulation results
  - o Which scenario felt the most natural? Why?
  - o Did any of the scenarios surprise you? How?
  - o What skill or interest do you want to continue to build?
  - o What's one way you can build that skill this term?
  - o What's a real step you can take next?

#### **Assignment**

- Reflection (1 Page) and Discussion Board post (LMS), OR
- Response to Career Explorer reflection page (LMS)

### **Example 2: Simulation and Worksheet as an In-Class Assignment (1-2 hours)**

#### **WEEK 5: Tuesday, September 30 – Exploring Interests and Working Styles** **Discussion Post Due Sunday by 11:59 PM EST**

- Discussion Board (on your institution's LMS): *Decision Making* – How did you decide to come to [this institution]? Who or what influenced this decision? How does reflecting on this decision help you understand how you might make future decisions – what might you do the same or differently?"
- Respond to two classmates' discussion posts
- Before class: create Forage account through this [instructor link](#) [insert your custom link]

### Class Activities:

- Complete Forage Foundations: Career Explorer simulation (30 min)
- Complete Workstyle Action Plan Worksheet (20 min)
- Breakout groups: discuss simulation results
  - o Which scenario felt the most natural? Why?
  - o Did any of the scenarios surprise you? How?
  - o What skill or interest do you want to continue to build?
  - o What's one way you can build that skill this term?
  - o What's a real step you can take next?

### Assignment

- Workstyle Action Plan Worksheet, Reflection (1 Page), and Discussion Board post (LMS)

### *Other activities you can include:*

- Introduce [your institution's] list of academic programs and/or sanctioned student clubs and ask students to explain ONE program or club they are considering, and why
- Introduce [U.S. Bureau of Labor Statistics – Occupational Outlook Handbook](#) and distribute instructions for finding an occupation, how to become one, and connecting skills with what you learned from the Forage simulation

## **Example 3: Simulation as a Homework Assignment with Further In-Class Exploration (2-3 hours)**

### **WEEK 5: Tuesday, September 30 – Exploring Interests and Working Styles**

#### **Discussion Post Due Sunday by 11:59 PM EST**

- Discussion Board (Canvas): *Decision Making* – How did you decide to come to [this institution]? What or who influenced this decision? How does reflecting on this decision help you understand how you might make future decisions – what might you do the same or differently?"
- Respond to two classmates' discussion posts
- Complete Forage Foundations: Career Explorer simulation
- Before class: create Forage account through this [instructor link](#) [insert your custom link]
- Complete Workstyle Action Plan Worksheet

### Class Activities:

- Breakout groups: discuss Forage simulation results and Action Plan Worksheet responses, identifying relevant skills and interesting activities on campus
- Introduce [your institution's] list of academic programs and/or sanctioned student clubs and ask students to explain ONE program or club they are considering, and why, OR
- Introduce [U.S. Bureau of Labor Statistics – Occupational Outlook Handbook](#) and distribute instructions for finding an occupation, how to become one, and connecting skills with what you learned from the Forage simulation, OR
- Introduce *Strong Interest Inventory* assessment and distribute instructions for completing

### Assignment

- Reflection incorporating specific action plan steps, academic programs, clubs, and occupations (1 Page), and Discussion Board post (LMS)

# Learning Management System (LMS) Page Examples

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Use the below scripting as an assignment description for the Forage Career Explorer simulation your LMS page (Blackboard, Canvas, etc.).

## Example 1: Simulation as an In-Class Assignment (1 hour)

### Week 5 – Exploring Interests and Working Styles

#### In-Class

- Please create a Forage account through this link **[insert the custom link you have created for your class]** prior to class.
- Complete the [Forage Foundations Career Explorer](#) simulation during class and participate in discussion.

#### Assignment

Please upload your Certificate of Completion **OR** completed Action Plan Worksheet **OR** 1-Page Reflection by **[date]**.

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## Example 2: Simulation and Worksheet as In-Class Assignments (1-2 hours)

### Week 5 – Exploring Interests and Working Styles

#### In-Class

- Please create a Forage account through this link **[insert the custom link you have created for your class]** prior to class.
- Download the Workstyle Action Plan Worksheet from this page and fill it out after you complete the [Forage Foundations: Career Explorer](#) simulation during class.
- Participate in discussion.

#### Assignment

Due by **[date]**:

- Please upload your Certificate of Completion and completed Action Plan Worksheet, **OR**
  - 1-Page Reflection answering the following questions:
    - Which scenario felt the most natural? Why?
    - Did any of the scenarios surprise you? How?
    - What skill or interest do you want to continue to build?
    - What's one way you can build that skill this term?
    - What's a real step you can take next?
  - Upload your Discussion Board response and reply to two classmates' posts
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## Example 3: Simulation as a Homework Assignment with Further In-Class Exploration (2-3 hours)

**All of the above, plus the below activities In-Class or as an Assignment.**

- Use **[your institution's]** list of academic programs and/or sanctioned student clubs to find a program and/or club you're interested in. For your 1-page reflection, connect what you learned in your Forage simulation with your chosen program/club.
  - o Which scenario felt the most natural? Why?
  - o Did any of the scenarios surprise you? How?
  - o What skill or interest do you want to continue to build?
  - o What's one way you can build that skill this term?
  - o How does this skill connect with what you want to study or which club you want to join?

**OR**

- Use the U.S. Bureau of Labor Statistics' [Occupational Outlook Handbook](#) to find an occupation you're interested in. Read "What They Do" and "How to Become One." For your 1-page reflection, connect what you learned with your Forage simulation experience.
  - o Which scenario felt the most natural? Why?
  - o Did any of the scenarios surprise you? How?
  - o What skill or interest do you want to continue to build?
  - o What's one way you can build that skill this term?
  - o How does this skill connect with what you want to study or do in your career?