



MARYLAND FYI

Family & Youth Interventions for Substance Use

ADOLESCENT COMMUNITY REINFORCEMENT APPROACH (A-CRA)

*** Adaptable for online implementation ***

DATE(S): July 28, 2021

TIME: 9:00 a.m. – 3:30 p.m.

LOCATION: Virtual workshop delivered via Zoom

The **Adolescent Community Reinforcement Approach (A-CRA)** is an evidence-based and developmentally-appropriate behavioral treatment for youth and young adults age 12 to 24 years old with substance use related concerns. The Community Reinforcement Approach is a well-established approach to treatment that includes aspects of Motivational Interviewing, Motivational Enhancement Therapy, and Cognitive Behavioral Therapy. The A-CRA material and the training has broad applicability to the treatment of SUDs for all ages and is not limited to youth. This treatment seeks to decrease substance use while increasing family, social, and educational/vocational reinforcers to support recovery. Participants must agree to respond to occasional, brief (< 5 min) email surveys about their use of A-CRA.

A-CRA training content this workshop includes:

- Functional Analysis of Substance Use Behavior
- The Happiness Scale and the Goals of Counseling
- Relapse Prevention Skills
- Communication Skills
- Problem-Solving Skills Training
- *And more!*

We Provide **FREE** to Each Participant:

- Newly revised A-CRA training manual
- Eligible participants will receive up to 6.5 Category I/A continuing education credits. No partial credits will be issued.

**** PLEASE NOTE **** *Registration is REQUIRED.*

Register [HERE](#)

Or type the following into your internet browser:

https://umbpsychiatry.az1.qualtrics.com/jfe/form/SV_3KwswKg9wYNRLYV

For more information on substance use prevention and intervention training opportunities available through the NCSMH, please contact:

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