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EDUCATION

- Doctor of Social Work (DSW)** May 2017
Specialization-Clinical
University of Pennsylvania
Philadelphia, PA
- Dissertation**
An Ecological and Intersectionality Approach to Understanding African-American Men's Perceptions of the Intersections of Gender, Race, and low SES and Social Determinants of Health
- Master of Social Work (MSW)** May 2012
Major Concentration-Clinical
Sub-specialization-Substance Abuse
Minor-Management and Community Organization
University of Maryland, Baltimore
Baltimore, MD
- Bachelor of Science, Social Work (BSW)** May 2011
Morgan State University, Baltimore, MD
- Associate of Science, Business Administration** May 2008
Baltimore City Community College (BCCC) Baltimore, MD

PROFESSIONAL EXPERIENCE

Teaching Experience

- Morgan State University School of Social Work BSW Program August 2017- Present
Lecturer
Courses Taught:
BSW Program
SOWK 200 Introduction to Social Work (Lead Instructor)
SOWK 329 Social Welfare and Social Policy
SOWK 334 Generalist Practice I
SOWK 342 Diversity and Issues of Social and Economic Justice
SOWK 424 Substance Abuse and Chemical Dependency (Lead Instructor)
SOWK 436 Senior Seminar
MSW Program
SOWK 501 Generalist Social Work Practice
SOWK 507 Social Welfare and Urban Economics
- Morgan State University School of Social Work BSW Program August 2016-December 2016
Adjunct Faculty
Course Taught:
SOWK 329 Social Welfare and Social Policy

Teaching/Research Interest

Behavioral Health (Mental Health, Substance Abuse, Infectious Disease, and Primary Care), Public Health Social Work (Primary and Secondary Prevention and Social Determinants of Health in African Americans, Health Disparities), Generalist Practice, Clinical Practice, Social Welfare Policy, Policy Practice, and Diversity

Academic Committee Assignments

Chair, Special Events Committee
Reaffirmation Policy Committee, Member

Key Skill Areas

Generalist Practice	OB/GYN
Clinical Practice	Primary Care
Mental Health	Policy Analysis and Reporting
Substance Abuse	Policy Practice
Public Health Social Work	Community Based Participatory Research
Social Determinants of Health	Cognitive Behavioral Therapy
Health Disparities	Motivational Enhancement Therapy
Primary and Secondary Prevention Social Work	Event/Conference Planning
HIV/AIDS	

Clinical Social Work Experience

Total Health Care, Inc. Baltimore, MD) June 2012-Present

Behavioral Health Consultant (BHC) /Licensed Mental Health Provider (LMHP) June 2012-October 2017)

(LMPH)

Provide individual, couple, family and group psychotherapy and/or substance abuse services.
Maintain caseload of mental health clients.

(BHC)

Lead interdisciplinary treatment team meetings.

Provide primary and secondary prevention and brief intervention services for somatic providers' clients:
Primary Care, Infectious Disease, OB/GYN, Nutritionists, Dental, and Substance Abuse-MAT.

Provide brief targeted interventions in the triage environment (e.g. depression and anxiety) and co-occurring medical concerns (e.g. chronic pain, obesity, smoking cessation, medication compliance, and chronic illnesses such as high blood pressure, asthma, and diabetes).

Provide crisis intervention and resolution services as required.

Facilitate and train staff and interns on group interventions:

Pre-treatment Dual Diagnosis Group

Brief Marijuana Dependence Counseling (BMDC)

Women Taking Control Group-Skills building for anxiety related disorders

Flash Healthy Living Group for women forty and older learning about menopause and healthy living skills

Cognitive Behavioral Therapy Group for clients with Bipolar Disorders, PTSD and DID

Stage One Trauma Psychoeducation Group

Healthy Living Group providing health education and medication management for mental health and substance abuse clients.

Develop and maintain working relationships with community resource providers utilized to maintain, support, and enhance client functioning.

Initiate discharge planning, referrals, and coordinate the transfer of client care to appropriate providers.

BHC, LGSW and Intern Supervisor November 2017-Present

Supervise LGSW staff, BSW and MSW Social Work Interns from Morgan State University and University of Maryland, Baltimore, and Human Services Interns from the University of Baltimore.

Train interns initially as LMHP role and tasks first semester, second semester they specialize in Mental Health, Substance Abuse, or as Behavioral Health Consultants (BHC).

University of Maryland Department of Psychiatry
Outpatient Addiction Treatment Services (OATS), Baltimore, MD

September 2011-April 2012

Social Work Intern

Performed Bio-psycho-social Assessments and developed diagnoses using diagnostic criteria from the DSM-IV, developed treatment plan and implemented treatment strategies considering the client's stage of dependence, change, and recovery made referrals for dual diagnosed clients.

Provided substance abuse treatment services for clients recognizing the social, political, economic, and cultural context within which addiction and substance abuse exist, including risk and resiliency factors that characterize individuals, groups and their living environment.

Co-facilitated Marijuana Group using the Brief Marijuana Dependence Counseling (BMDC) for treating Adults a Best Practice recommended by SAMHSA.

Co-facilitated a combined Phase I and Phase II Relapse Prevention Group.

Co-facilitated a Trauma Empowerment Group.

Facilitated groups incorporating Motivational Enhancement Therapy, CBT, DBT and case management techniques.

Total Health Care, Inc. Baltimore, MD

August 2010-April 2011

Social Work Intern

Performed Bio-psycho-social Assessments, developed diagnoses using diagnostic criteria from the DSM-IV, developed treatment plans and depending on the client's medical coverage secured funding approval through Value Options and referred to therapists.

Provided mental health treatment services to seven clients assigned for weekly therapy under supervision of Intern Supervisor.

Supported two groups, Living Life Group-women with emotional challenges of depression, trauma, and fearfulness and Healing Echoes Group-using mindfulness meditation to better handle stressful emotions and feel more in control of life.

Co-facilitate orientation and ego identity group.

Attended monthly clinical seminars on cultural diversity, psychopathology and diagnostics, short term therapy models, professional development issues, clinical theory and methods and pharmacology.

Attended monthly case conferences.

Presented one case each semester.

Management and Policy Experience

University of Maryland School of Medicine
Office of Policy and Planning, Baltimore, MD

February 2007-May 2009

Senior Policy Coordinator (40 Hours Per Week)

Provided general planning and direction for developing and facilitating daily activities and events.

Supervised support staff (Executive Assistant, administrative assistants and the Public Relations Specialist) and ensured the efficient recruitment/interviewing and training for maintaining highly involved and motivated employees.

Coordinator for projects related to grant deliverables [interactive health information portal project, patient navigation graduation, CLAS (Culturally and Linguistically Appropriate Services) in Health Care project, special Telehealth project, interactive health kiosk project and a written compilation of all the grant projects that have been funded through the office].

Recruited participants for research and testing as part of grant deliverables.

Developed scope of work, hired, and advised consultants that performed tasks outside the scope of work of existing staff on all grant projects located in Baltimore and on the Southern Eastern Shore.

Performed administrative tasks having a significant impact on the overall goals of the department, including drafting correspondence to state and federal legislators to advocate for specific health/healthcare policy in the interest of the University of Maryland Baltimore, Office of Policy and Planning.

Analyzed proposed legislation from the Maryland General Assembly to determine its impact on the residents of Maryland and the University of Maryland, Office of Policy and Planning and provided an annual legislative report (NCI grant deliverable), and edited various reports, promotional materials related to grant deliverables.

K&K Adams Inc., Baltimore, MD

October 2004-September 2006

Director of Administrative Operations (40 Hours Per Week)

Supervised office staff ensuring quality and on schedule performance.

Performed human resource functions including hiring staff, disciplinary actions, scheduling JIT and staff, certified payroll and monthly Labor Union Reports.

Prepared and maintained project data and files, proposals and invoices, and researched and prepared contract submittals.

Acted as a liaison between elected officials and private sector business development managers, local, state, and federal government agencies/clients and private sector clients to ensure customer satisfaction and explore new contracts opportunities.

Provided strategic planning for expanding into other business sectors.

Cummings for Congress, Baltimore, MD

June 2000-January 2006

Staff Person for the Elijah Cummings Youth Program in Israel (ECYP)

Provided the Congressman Elijah E. Cummings with administrative and management support.

Represented the Congressman at meetings.

Gave orientations to high school students and community groups in the Seventh Congressional District.

Supported the Congressman through the application process.

Composed college and scholarship recommendations on Congressman Cummings' behalf for students in the program.

Cummings for Congress, Baltimore, MD

June 2000-January 2006

Administrator, Congressional Black Caucus Spouses Education Scholarship Program

Gave orientations at high schools and at community forums in the 7th Congressional District to inform attendees about the Congressional Black Caucus Spouses Education Scholarship Application process.

Supported 2,100+ students through the application process.

Annually instructed a committee on reviewing applications and choosing scholarship recipients.

Requested checks from the Congressional Black Caucus Foundation and presented award recipients with scholarship checks.

U.S. House of Representatives

June 1997-October 2004

Representative Elijah E. Cummings, 7th District, Maryland

District Director (February 2002-October 2004)

Supervised district office staff and interns in accordance with office policy and applicable laws including, but not limited to, interviewing, hiring and training, planning, assigning and directing work, appraising performance, addressing complaints and resolving problems.

Represented the Congressman or assigned appropriate staff to speak to local groups in the District.

Traveled throughout the District at regular intervals to keep abreast of local concerns.

Acted as a grass roots representative for the Congressman by finding solutions to meet constituent, community group and business needs through research, referrals and correspondence.

Drafted correspondence on the Congressman's behalf and reviewed casework files and signed all District Staff's outgoing correspondence to ensure constituent services were provided.

Met with elected officials to solve local issues.

Maintained close contact with the Washington, D.C. staff and committee staff to ensure communication flow and the Congressman's effectiveness in meeting constituent concerns through legislative advocacy.

Coordinated Special Projects (President/Dignitary visits, Job Fairs, College Fairs, Health Fairs, Small Business Financing Seminars and many of other events).

Prepared and maintained honorarium documentation, mileage and travel disclosures for the Congressman.

Special Assistant (June 1997-January 2002)

Covered the casework issue areas of Health, Housing, Education, Child Support, Support Letters and Special Projects.

Assisted thousands of constituents with issues in these areas through research, referrals and correspondence. Planned and executed five college fairs, six small business fairs, five job fairs, four housing fairs, twenty-two glaucoma screenings and numerous miscellaneous events.

Volunteer Experience

Morgan State University

August 2017-Present

Volunteer Field Supervisor for Congressional and Councilman's Office

(5 Hours Per Week)

In order for students to have field internships in a political office (Councilman Zek Cohen and Congressman Elijah E. Cummings) there must be a MSW Social Work Field Instructor to provide supervision

Develop learning contracts with students, review process recording, develop research projects, review policy briefs and other work product produced by the students in according with the CSWE EPAS, the NASW Code of Ethics and office policy.

Clothing Drive at Total Health Care

April 2013-Preent

Co-Chair

(15 Hours Quarterly)

Co-Administrator for bi-annual clothing drive for Mental Health and Substance Abuse clients. Collect clothing from Baltimore Community for bi-annual give away.

Solicit community for clothing donations throughout the year. Successfully collected 10-20 bags of clothing bi-annually.

Sort gently used clothing, store and later display for clients to choose items.

These items are important to clients' feeling like they can participate in treatment and look for employment.

Total Health Care, Inc.

August 2013-June 2016

Volunteer Field Instructor

Volunteered to be the Field Instructor for Morgan State University so that students from Morgan would get an opportunity to have a clinical field placement.

The formal Field Instructor for Total Health Care, Inc. agreed to take on University of Maryland students, but no longer wanted Morgan State University students.

Starting the Fall of 2016, I was given extra clinical hours to work with the interns.

Beginning in November 2017, moved into the position of Supervisor for LGSWs and Interns from University of Maryland, Morgan State University, and University of Baltimore.

HONORS

Morgan State University School of Social Work, Alumnae on the Move Award (for contributions to the community that have made a difference in the lives of others)

March 2015

Morgan State University School of Social Work, BSW Program, Outstanding Academic Achievement Award (for student graduating with highest GPA)

May 2011

PROFESSIONAL ASSOCIATIONS AND MEMBERSHIPS

National Association of Social Workers

December 2011

Alpha Sigma Lambda National Honor Society

April 2011

Golden Key International Honor Society
December 2009

LICENSURE

Licensed Certified Social Worker-Clinical (LCSW-C) (Maryland License Number 17992)
October 2014

Maryland Social Work Clinical Supervision Registration Approved
November 2016

Licensed Graduate Social Worker
May 2012

CERTIFICATIONS

U.S. Army Corps of Engineers Construction Quality Management for Contractors Certification
February 2006

Certification of Completion, Associated Builders and Contractors, Project Management Program
November 2005

Graduate of the First Annual Congressional Black Caucus Political Leadership Institute and Morgan State
University Political Leadership Institute
August 2003

REFERENCES UPON REQUEST