

DR. MARILYN F. BERTCHIE-GIALAMAS, DNP, CRNP, NP-C, CBS

Family Nurse Practitioner • Assistant Professor, Morgan State University

PROFESSIONAL SUMMARY

Doctoral-prepared Family Nurse Practitioner, educator, and nonprofit executive with 16+ years of clinical and academic experience in women's, maternal-infant, and community health. Proven record of course coordination, curriculum development, and student mentorship; principal/co-investigator on grants addressing maternal mortality, doula access, and postpartum mental health. Founder of community programs that expand access to postpartum education, breastfeeding support, and essential supplies across Central Maryland.

EDUCATION

University of Maryland, Baltimore — Doctor of Nursing Practice (May 2022)

University of Maryland, Baltimore — Certificate of Teaching in Nursing & Health Professions; Practicum in FNP, Graduate Nursing Teaching (July 2022)

Drexel University, Philadelphia, PA — MS—Family Nurse Practitioner (Nov 2013)

Drexel University, Philadelphia, PA — Advanced Certificate in Complementary & Alternative Medicine (Jun 2013)

Towson University, Towson, MD — BSN, Cum Laude (May 2009)

LICENSES & CERTIFICATIONS

- Certified Registered Nurse Practitioner (CRNP) — Family, Maryland R186965
- Registered Nurse (RN), Maryland R186965
- American Academy of Nurse Practitioners — FNP Certification, F1113001 (exp. 11/2028)
- DEA & CDS Licensed — NPI: 1730518812
- Certified Breastfeeding Specialist (current)
- American Heart Association BLS for Healthcare Providers (exp. 09/2025)
- American Red Cross CPR/AED/First Aid Instructor (current)

PROFESSIONAL APPOINTMENTS IN HIGHER EDUCATION

Morgan State University, Baltimore, MD — Assistant Professor

January 2023–Present

- Course Coordinator: Parent-Child Nursing (Maternity) and Introduction to Nursing Research.
- Coordinate adjunct faculty and staff; manage clinical placements, skills lab, and simulation.
- Design syllabi and assessments; lead continuous course and curriculum improvement.

- Mentor students and evaluate performance via assignments, projects, and examinations.

Anne Arundel Community College — Assistant Professor / LPN Program Coordinator

August 2021–January 2024

- Taught didactic and clinical courses; coordinated LPN program components.
- Courses: NUR 131 (Maternal, Newborn & Women’s Health), NUR 130 (Medical-Surgical Nursing), LPN 180, LPN 194.

Howard Community College — Adjunct Clinical Professor (Pediatrics)

August 2017–May 2019

- Planned, coordinated, and implemented clinical instruction aligned to program outcomes.
- Served as educator, mentor, and facilitator; evaluated student learning activities.

RESEARCH & SCHOLARLY ROLES

Center for Maternal & Family Health (Morgan State University) — Co-Investigator

Sept 2023–Present

- Pilot research on doula access and postpartum mental-health supports; apply findings to program design.
- Lead partnerships with libraries, schools, health departments, and hospital systems.
- Policy/advocacy for Medicaid doula reimbursement and equity in maternal outcomes.

KEY ACCOMPLISHMENTS

- Launched and scaled The Momma’s Circle (postpartum wellness series) and The Momma’s Closet (maternal-infant supply bank), serving 150+ families in year one.
- Co-founded/led interdisciplinary teams and 40+ volunteers to deliver recurring supply-drive events and maternal wellness programming.
- Secured initial grants and managed an annual nonprofit operating budget >\$150K while expanding community partnerships across Baltimore City, Anne Arundel County, and Howard County.

GRANTS — SELECTED

- **CMS Minority Research Grant Program** — Principal Investigator — Racial Disparities in Maternal Health and the Role of Doulas in Reducing Disparities (2023–Present)
- **HRSA Maternal Health Research Center** — Co-Investigator (2023–Present)
- **All of Us / RTI International** — Racial Differences in Postpartum Depression Treatment Utilization (2023–2024)

PUBLICATIONS

- Berchie-Gialamas, M. (2023). Implementation of Postpartum Depression Screening and Referral. *Journal of Community & Public Health Nursing*, 9:417.
<https://doi.org/10.4172/2471-9846.1000417>

CONFERENCES & PRESENTATIONS — SELECTED

- **All of Us Researchers Convention / UMBC Showcase** — Racial Differences in Postpartum Depression Treatment Utilization (Apr 2024)
- **AACN Diversity Symposium** — Promoting DEIAA in Nursing Education Through Language (Feb 2024)
- **NurseTim: Nuts & Bolts of Nursing Education** — Promoting DEIAA in Nursing Education Through Language (Aug 2023)
- **Maryland Action Coalition Summit** — The State of Maryland's Health; DEIAA in Nursing Education (May 2023)
- **U. Maryland SON — Institute for Educators** — Implementation of Postpartum Depression Screening and Referral (Apr 2023)
- **U. Iowa National EBP Conference / APHN Annual Conference** — Implementation of Postpartum Depression Screening and Referral (Apr 2022)

CLINICAL & COMMUNITY PRACTICE

Trinity Maternal Wellness — Executive Director

June 2024–Present

- Provide strategic leadership for 501(c)(3) improving maternal–infant outcomes; governance, compliance, development, and donor relations.
- Oversee volunteers, interns, and clinical staff; manage communications and community engagement.

Trinity Wellness — Founder & Health Director / Community Health Nurse Practitioner / Consultant

September 2019–Present

- Home-visiting women's health services; postpartum care, breastfeeding support, and family-planning management.
- Supervise CHWs, RNs, CNAs; develop policies and workflows.

The Gynecology Center at Mercy Medical Center — Nurse Practitioner

February 2016–June 2021

- Comprehensive women's health care (exam, diagnosis, treatment, Rx, labs).

- Pre/post-operative coordination; ADA/FMLA/Workers' Compensation documentation.
- EHR (Epic) coordination, result follow-up, and patient advocacy.

Patient First — Registered Nurse

August 2012–February 2015

- Urgent care for all ages; triage, direct assessment, treatment planning.
- Procedures: IV starts, I&D, wound repair, splinting; monitoring and stabilization.

Johns Hopkins Howard County General Hospital — RN, Maternal Child Unit

July 2009–August 2012

- Care for peri/postpartum women and newborns; medication administration, vitals, post-op monitoring, and feeding assessments.

PROFESSIONAL AFFILIATIONS & SERVICE

- Maryland Breastfeeding Coalition — Board Member (Secretary), 2020–Present
- Howard County Maternal Health Equity Collaborative — Committee Member, 2023–Present
- Howard County Local Health Improvement Coalition — Member (Growing Healthy Families Committee), 2023–Present
- Maryland Perinatal-Neonatal Quality Care Collaborative — Parent Baby Advisory Council, 2023–Present
- HBCU/PBI Alliance Team for Maternal, Child & Family Health (HAT), 2023–Present