

Anita M. Wells, Ph.D.

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443-885-3495

EDUCATION

Post-Graduate Certificate Academic Leadership	The Chicago School of Professional Psychology, Washington, DC
Postdoctoral Fellowship Health Disparities	W.K. Kellogg Health Scholars Program, Johns Hopkins University and Morgan State University, Baltimore, MD
Ph.D., Clinical Psychology	Northwestern University Feinberg School of Medicine, Chicago, IL
Pre-doctoral Internship	Department of Veterans Affairs, Hines VA Hospital, Hines, IL
M.A., Psychology	Wesleyan University, Middletown, CT
B.A., African American Studies	Yale University, New Haven, CT

EXPERIENCE

TEACHING AND ADMINISTRATIVE

2016- present Associate Professor, Department of Psychology, Morgan State University, Baltimore, MD
Morgan State University is a public institution with a comprehensive academic program that includes fifteen doctoral degrees. Total student enrollment exceeds 8,000.

Responsibilities: Develop an independent program of research. Develop course content, teach classes, and evaluate students for courses, including but not limited to (undergraduate): Psychological Counseling, Abnormal Psychology, General Psychology; and (graduate): Pro-seminar in Measurement and Policy. Supervise undergraduate student research; Chair and serve on dissertation committees. Provide proactive advising to undergraduate Psychology majors.

2009- 2016 Assistant Professor, Department of Psychology, Morgan State University, Baltimore, MD

Responsibilities: Developed an independent program of research. Developed course content, taught classes and evaluated students for courses including but not limited to: (undergraduate) Psychological Counseling, Abnormal Psychology, Theories of Personality, Psychological Testing, General Psychology; and (graduate): Principles and Foundations of Measurement, Thesis Guidance, Thesis Seminar, Dissertation Seminar, Pro-seminar in Measurement and Policy. Supervised student research. Served on dissertation committees.

2009-2015 Graduate Program Coordinator, Department of Psychology, Morgan State University

Work Performed: Developed and formalized program policies and procedures. Academically advised all graduate students; instituted annual audits. Managed Master's and Doctoral Internship Program; Interfaced with Dean of the School of Graduate Studies, other graduate faculty, and administrators; Chaired Graduate Program in Psychometrics Admissions Committee, Psychometrics Doctoral Comprehensive Exam Committee, and Psychometrics Adjudication Committee. Approved admissions. Issued Program clearance for graduation. Designated and filed pass/fail status for comprehensive exams. Initiated and maintained email and phone contact with applicants and admitted students. Created procedures for the evaluation and auditing of graduate student progress. Initiated and directed Annual Orientation Program for new students; Planned and hosted Annual Open House. Supervised and directed work of Program Administrative Assistant and Graduate Assistant. Worked closely with the director on the ongoing development of the program.

2008-2009 Lecturer, Department of Psychology, Morgan State University, Baltimore, MD

Responsibilities: Developed course content, taught classes and evaluated students in the following courses: (undergraduate) Introduction to Psychology, Psychological Counseling, Junior Research Seminar, Psychological Testing, Senior Research Seminar. Trained and supervised undergraduate and graduate students in research methods. Advised undergraduate and graduate students. Served on Master's thesis committee.

2008-2009 Interim Graduate Program Coordinator, Department of Psychology, Morgan State University

Responsibilities: Interfaced with Dean of the School of Graduate Studies and faculty from other departments regarding the graduate program. Reviewed applications and made admissions recommendations to Chair; signed-off on admissions. Initiated and maintained email and phone contact with potential new applicants and admitted students. Designated and filed pass/fail status on student comprehensive exams. Developed and delivered first Orientation Program for New Psychometrics Graduate Students

2001 Teaching Assistant, Division of Psychology, Northwestern University Feinberg School of Medicine, Chicago, IL.

Responsibilities: *Assessment* course - Observed and provided instruction and feedback to graduate students in administering psychological assessments and tests.

1998-1999 Program Manager, Direct Service Outreach Program, Patriots' Trail Girl Scout Council, Inc., Boston, MA.

Responsibilities: Managed program delivery from three field offices to girls from underrepresented populations including troops in public schools, shelters, YMCAs and community centers. Represented PTGSC at city-wide conferences and community events. Supervised staff of 15.

1987-1998 Program Outreach Director, Patriots' Trail Girl Scout Council, Inc., Boston, MA.

Responsibilities: Directed program delivery for the Boston Field Office to girls from racial/ethnic and socioeconomically underrepresented populations. Supervised staff of 10.

1997-1999 Seminar/Workshop Instructor, Patriots' Trail Girl Scout Council, Inc., Boston, MA

Responsibilities: Presented seminars on *Diversity, Mentoring, Curriculum Planning and Development*, and *Serving Girls in At-Risk Environments* to Girl Scout staff and volunteers.

1994-1996 Instructor, Graduate School, Wesleyan University, Middletown, CT

Responsibilities: Prepared and led bi-weekly class sessions for graduate seminar on *Pedagogy*.

1994-1996 Teaching Assistant, Psychology Department, Wesleyan University, Middletown, CT

Responsibilities: Guest lectured, developed exam questions, graded tests, and held office hours for the following undergraduate courses: *Biology, Politics, and Psychology of Reproduction; Psychology of Women; Introductory Psychology*; and *Psychopathology*.

1994 Benefits Writer, Employee Benefits & Communication, Sun Company, Inc. Philadelphia, PA.

Responsibilities: Staffed employee benefits center and reviewed benefits and retirements packages with employees at newly acquired oil refinery. Developed and wrote monthly newsletter for employees and retirees.

1992-1994 Administrative Assistant, Human Resources Planning and Development, Sun Company, Inc., Philadelphia, PA.

Responsibilities: Assisted in conducting benchmark study of best practices among multiple corporations. Organized and led support staff task force reporting to head of Human Resources. Supported HRPD managers.

1990-1991 Assistant to the Executive Director, The Philadelphia Martin Luther King, Jr. Association for Nonviolence, Inc., Philadelphia, PA.

Responsibilities: Managed office and supervised staff. Completed bi-weekly payroll. Contracted with providers to conduct workshops on nonviolence.

RESEARCH

2023-present Principal Investigator, Canvas of the Mind, Morgan State University, Baltimore, MD. This research is supported by an IDC Grant (\$10,000) from the Office of the Provost. The purpose of the project is twofold: To explore the impact of an intensive semester-long interdisciplinary collaboration on student engagement and belonging, and

2022-2023 Co-Investigator, College Once the Pandemic Ends (C.O.P.E.) Study: Student Interactions and Mental Health, Morgan State University, Baltimore, MD. This research was funded by the ASCEND Program and a Student Research Center HRCC Grant from Morgan State.

2019-2021 Co-Investigator, The Relationship between Chronic Marijuana Use and Neurocognitive Functioning, Psychoneurosis and Academic Performance in College Students, Morgan State University, Baltimore, MD. This research was funded by an Undergraduate Research Grant from Psi Chi, the International Honor Society in Psychology, and a Student Research Center HRCC Grant from Morgan State.

2017-2019 Co-Investigator, Trauma Exposure and Alcohol Use Disorder among African American Emerging Adults, Morgan State University, Baltimore, MD. This research, conducted with colleagues from the School of Social Work at Morgan State, was funded by the NIH ASCEND Project Grant. The purpose of this pilot study was to assess the relationship between exposure to trauma and the presence of alcohol use disorder, both of which disproportionately affect young Black adults, in a community-based sample.

2016-2018 Principal Investigator, A S.E.L.F. Evaluation, Morgan State University, Baltimore, MD. This research was a collaborative partnership between the founders of the *Sisters Empowered to be Leaders for the Future (S.E.L.F.) Program*, which provides Social and Emotional Learning (SEL) training to predominantly fifth-grade girls in Title I Schools. The purpose of the project was to evaluate the efficacy and delivery of the S.E.L.F. program.

2015-present Co-Investigator, The Efficacy of a STEM Pre-professional Workshop Series, Morgan State University, Baltimore, MD. The purpose of this research is to evaluate the efficacy of a professional development workshop series designed to prepare undergraduate students in STEM majors for internships, graduate school, and professional work positions.

2015-2016 Race and Social Justice in Baltimore, Morgan State University, Baltimore, MD. This research, with colleagues in Social Work within and outside of Morgan State, explored a youth perspective on the violence against Black people, the civil unrest that has taken place across the United States since 2015, and the primary issues that concern communities of color.

2009-2014 Principal Investigator, Community Violence, Mental Health and Grade Point Average among Black College Students: A Pilot Study, Morgan State University, Baltimore, MD. Collected data and developed and presented posters at national conferences. Funding for preliminary data analysis and manuscript preparation: Faculty Development Grant, Morgan State University (\$5,000).

2009-2014 Principal Investigator, Cancer Screening Health Behaviors and Health Decision-making among Black Women Ages 18-40, Morgan State University, Baltimore, MD. Collected data and developed and presented a conference poster at a national conference.

2006-2008 Postdoctoral Fellow, W.K. Kellogg Health Scholars Program, Morgan State University School of Community Health and Policy, Baltimore, MD. Presented research from three projects at NIH and Intercultural Cancer Council conferences. Participated in multiple workshops and seminars at fellowship-sponsored meetings and NIH conferences to enhance knowledge of health disparities, health policy, community-based participatory research, and grant writing. Conducted research with primary mentor Dr. Janice V. Bowie (Johns Hopkins Bloomberg School of Public Health) regarding the breast health behaviors of African American women from Christian faith communities in the Baltimore area. Co-authored manuscript.

2003-2004 Research Intervention Supervisor, Faith-based Breast Health Intervention with African American Women, Northwestern University Feinberg School of Medicine, Chicago, IL. Supervised weekly intervention and training of staff facilitators for a study to assess the efficacy of a 12-week Christian-based integrated weight loss/breast health intervention for Black women. Co-authored manuscript.

2002-2004 Study Coordinator and Focus Group Facilitator, Experiences of African American Breast Cancer Survivors, Northwestern University Feinberg School of Medicine, Chicago, IL. Worked with PI to design focus groups and develop questions. Facilitated two cohorts of four consecutive focus groups to learn about illness experiences, coping mechanisms, and post-treatment eating and exercise practices of Black female breast cancer survivors. Analyzed data, co-authored manuscript.

2000-2002 Project Coordinator, Breast Health/Weight Loss Intervention with African American Women, Northwestern University Feinberg School of Medicine, Chicago, IL. Supervised staff in recruitment and data collection for study to assess the efficacy of a 20-week integrated weight loss/breast health intervention to reduce risk for breast cancer. Managed participant incentive budget. Trained and certified staff in interviewing, BSE evaluation, and anthropometry. Taught breast health for intervention. Co-authored manuscript.

2000 Recruitment Coordinator and Interventionist, Pilot Feasibility Study of Breast Health Intervention with Black Women, Northwestern University Feinberg School of Medicine, Chicago, IL. Organized recruitment for a four-week pilot study to assess the feasibility of conducting a community-based integrated weight loss/breast health intervention with Black women. Taught healthy eating and breast health segments of the bi-weekly sessions. Co-authored manuscript.

1999-2000 Control Group Teacher/ Editor - Manual of Operations, Prevention of Overweight in Preschool Minority Children, Northwestern University Feinberg School of Medicine, Chicago, IL. Taught control group sessions of intervention with children from local Head Start programs to addresses healthy eating and exercise behaviors in pre-school children and their parents. Edited the Manual of Operations.

1995-1997 Research Assistant, Risk Factors for the Development of Eating, Mood, and Anxiety Disorders in Black and White Women, Wesleyan University, Middletown, CT. Directed community-based recruitment in Connecticut and Massachusetts. Interviewed over 80 participants and assisted in training graduate-student and non-student staff to conduct standardized interviews using the SCID, the EDE, and the RFI (Risk Factor Interview). Developed protocol and implemented training for telephone screens. Assisted senior investigators in American adaptation of British RFI measure. Wrote and edited Comprehensive Policy and Procedures Manual for the study.

CLINICAL EXPERIENCE

2004-2005 Psychology Service Intern, Department of Veterans Affairs, Hines VA Hospital, Hines, IL. Completed full-time APA-Accredited Psychology Internship. Rotations included: Mental Health Clinic/Post Traumatic Stress Disorder, Primary Care, Psychosocial Oncology (at Loyola University Medical Center), Addictions Treatment, and Spinal Cord Injury. Provided individual and group therapy to patients and family members; conducted intake assessments and developed treatment plans for patients. Responded to consult requests for psychological assessments and testing from services within the hospital.

2002-2003 Psychology Service Extern, VA Chicago Health Care System, Lakeside Division, Chicago, IL. Provided long-term psychotherapy to patients coping with end-of-life issues, familial relationships, and depression.

2001-2002 Psychology Service Extern, VA Chicago Health Care System, Lakeside Division, Chicago, IL. Completed rotations in Physical Medicine and Rehabilitation and Outpatient Mental Health.

2000-2001 Psychology Practicum Student, Northwestern Memorial Hospital Psychiatric Rehabilitation, Chicago, IL. Provided individual and group therapy and psychological testing for patients with chronic and severe mental illness.

PUBLICATIONS

PEER-REVIEWED ARTICLES

Estreet, A., **Wells, A. M.**, Tirmazi, M. T., Sinclair, M., & Nebbit, V. E. (2016). Race and social justice in Baltimore: The youth perspective. *Reflections – Narratives of Professional Helping*, 21 (3), 64-75.

Thrasher, A. D., **Wells, A. M.**, Spencer, M., & Cofie, L. (2016). Workplace discrimination is associated with alcohol abuse among ethnically diverse hospital staff. *Workplace Health & Safety*, 64 (5), 202-209.

Ladeji-Osias, J. K. & **Wells, A.M.** (2014). Best practices in classroom management for today's university environment. *American Society for Engineering Education Conference Proceedings* (a peer-reviewed publication of full-length articles).

Bowie, J. V., **Wells, A. M.**, Juon, H., Sydnor, K. D., & Rodriguez, E. M. (2008). How old are African American women when they receive their first mammogram? Results from a church-based study. *Journal of Community Health*, 33 (4), 183-191.

Stolley, M. R., Sharp, L. K., **Wells, A.M.**, Simon, N., & Schiffer, L. (October 2006). Health behaviors and breast cancer: Experiences of urban african american women. *Health Education & Behavior*, 33 (5), 604-624.

Fitzgibbon, M. L., Stolley, M. R., Ganschow, P., Schiffer, L., **Wells, A.**, Simon, N., & Dyer, A. (October 2005). Results of a faith-based weight loss intervention for black women. *Journal of the National Medical Association*, 97 (10), 1393-1402.

Fitzgibbon, M. L., Stolley, M. R., Schiffer, L., Sanchez-Johnsen, L. A. P., **Wells, A. M.**, & Dyer, A. (April 2005). A combined breast health/ weight loss intervention for black women. *Preventive Medicine*, 40 (4), 373-383.

Stolley, M. R., Fitzgibbon, M. L., **Wells, A. M.** & Martinovich, Z. (January 2004). Addressing multiple breast cancer risk factors in African-American women. *Journal of the National Medical Association*, 96 (1), 76-86.

Dopke, C. A., Lehner, R. K., & **Wells, A. M.** (Winter 2004). Cognitive-behavioral group therapy for insomnia in individuals with serious mental illness: A preliminary evaluation. *Psychiatric Rehabilitation Journal*, 27 (3), 235-242.

Garvin, V. L., Striegel-Moore, R. H., & **Wells, A. M.** (1998). Participant reactions to a cognitive behavioral guided self-help program for binge eating: Developing criteria for program evaluation. *Journal of Psychosomatic Research*, 44 (3/4) 407-412.

Wells, A. M., Garvin, V. L., Dohm, F. A., & Striegel-Moore, R. H. (May 1997). Telephone-based guided self-help for binge eating disorder: A feasibility study. *International Journal of Eating Disorders*, 21 (4), 341-346.

BOOK CHAPTERS

Wells, A.M. (2017). Values and purpose at the core. In K. Engerman & S. Luster-Teasley (Eds.) *Women Called to Lead: Empowering Women of Color in Academic Leadership*. Santa Barbara, CA: Fielding University Press.

Hodges, A. B. & **Wells, A. M.** (2015) (peer-reviewed). Developing STEM scholars with vision: Psychology plants seeds of excellence in *Infusing Research into Historically Black Colleges and Universities' Curricula*. Bingley, UK: Emerald Group Publishing.

Wells, A. M., Mance, G. A., & Tirmazi, M. T. (2010). A place at the table: Mental health in the realm of primary prevention. In L. Cohen, V. Chávez, & S. Chehimi (Eds.) *Prevention is Primary* (2nd ed.). San Francisco, California: Jossey-Bass.

REPORTS

Scott-Johnson, P. E., **Wells, A. M.**, Perrino, C., Dubarry, D., & Jackson, A. (2010). Human terrain systems final report: HTS behavioral task force. Unclassified report to the Army: Psychosocial examination of data from the ht project in Iraq: Analytical strategy and recommendations.

SELECTED PEER-REVIEWED PUBLISHED ABSTRACTS

Wells, A. M., Briscoe, E. F., *Hudnall, F. H., & *Marshall, S. (May 2025). *Enhancing student engagement and belonging through interdisciplinary collaboration*. Conference proceedings of the 2025 Association for Psychological Science Annual Convention, Washington, DC.

Wells, A. M., Duckett, J., Briscoe, E., & Willis, N. (2022). *Canvas of the mind: Teaching and learning through interdisciplinary collaboration*. Conference proceedings of the 2022 Annual Convention of the American Psychological Association.

Wells, A. M., Darrell, L., & Hayman, L. (2022). *Acknowledging employee well-being during the pandemic and beyond*. Conference proceedings of the 2022 Annual Convention of the American Psychological Association.

Wells, A. M., Hodges, A. B., McNair, D. & Watson, C. (2016). *HBCU models of SSTEM scholar cultivation*. Conference proceedings of the 8th Conference on Understanding Interventions that Broaden Participation in Science.

Wells, A. M. (2015). *Stigma: A label and its consequences*. Proceedings of the 2015 Eastern Psychological Association Annual Meeting.

Wells, A. M. (December 2012). *Mental health in the realm of primary prevention: The case for mental health in all policies*. Paper presented as part of concurrent panel session: *Health in all policies: Why addressing health disparities requires a broad range of options*, B. Lefkowitz, moderator. Conference proceedings of the National Institutes of Health Science of Elimination Health Disparities Summit.

Wells, A. M., BeLue, R., & Wright, F. (December 2012). *The impact of violence on educational attainment among black university students*. Conference proceedings of the National Institutes of Health Science of Elimination Health Disparities Summit.

Wells, A. M., BeLue, R., & Wright, F. (December 2012). *Black women under 40: Cancer screening and health decision-making*. Conference proceedings of the National Institutes of Health Science of Elimination Health Disparities Summit.

Wells, A. M., Perrino, C. S., & Scott-Johnson, P. E. (2011). *Convergence: Graduate program in psychometrics at Morgan State University and APA priorities*. Conference proceedings of the 2011 Annual Convention of the American Psychological Association.

Mugo, M., Jackson, A. D., Daniel, M. G., Rollins, C., Khanal, D., Beersingh, Y., **Wells, A. M.**, Etienne, P., Perrino, C. S., Haines, R. T., & Scott-Johnson, P. E. (2011). *Measurement: Prerequisite for quality control*. Conference proceedings of the 2011 Annual Convention of the American Psychological Association.

Wells, A. M., Daniel, M. G., & Hall, E. L. (2011). *Violence exposure and academic performance among black university students*. Conference proceedings of the 2011 Annual Meeting of the American Association for the Advancement of Science.

Bowie, J. V., **Wells, A. M.,** Juon, H., & Sydnor, K. D. (2008). *Age at first mammogram among African American women: Results from a church-based study*. US National Library of Medicine, National Institutes of Health, PubMed.gov. <http://www.ncbi.nlm.nih.gov/pubmed/18369711>.

Stolley, M. R., Fitzgibbon, M. L., Johnsen, L. A. P., & **Wells, A. M.** (2002). *The importance of cultural competency in weight loss treatment among minority women*. Annals of Behavioral Medicine 24 (suppl).

Wells, A., Fitzgibbon, M., Stolley, M., & Briscoe, B. (2001). *The association between african american mothers and children in risk for cardiovascular disease following a 24-week intervention*. Annals of Behavioral Medicine, 23 (suppl).

Fitzgibbon, M., Stolley, M., **Wells, A.** (2001). *Reducing breast cancer risk in black women: A lifestyle intervention*. Annals of Behavioral Medicine, 23 (suppl).

OTHER PUBLISHED ARTICLES

Fitzgibbon, M. L., Stolley, M. R., & **Wells, A. M.** (2001). *Reducing breast cancer risk in African American women: A lifestyle intervention*. Journal of the Robert H. Lurie Comprehensive Cancer Center of Northwestern University.

PRESENTATIONS

CONFERENCE PAPERS, PANELS AND POSTERS (*Students & former students)

Wells, A. M., Briscoe, E. F., *Hudnall, F. H., & *Marshall, S. (May 2025). *Enhancing student engagement and belonging through interdisciplinary collaboration*. Poster presented at the Teaching Institute of the Association for Psychological Science Annual Convention, Washington, DC.

Wells, A. M., Duckett, J., Briscoe, E., & Willis, N. (August 2022). Chair and Presenter: *Canvas of the mind: teaching and learning through interdisciplinary collaboration*. Symposium presented at the 2022 Annual Convention of the American Psychological Association, Minneapolis, MN.

Wells, A. M., Darrell, L. & Hayman, L. (August 2022). Chair and Presenter: *Acknowledging employee well-being during the pandemic and beyond*. Workshop presented at the 2022 Annual Convention of the American Psychological Association, Minneapolis, MN.

Wells, A. M., Hodges, A. B., McNair, D. & Watson, C. (February 2016). Chair and Presenter: *HBCU models of STEM scholar cultivation*. Symposium presented at the 8th Conference on Understanding Interventions that Broaden Participation in Science Careers, Philadelphia, PA.

Wells, A. M. (February 2015). Discussant, *Stigma: A label and its consequences*. Panel presented at the Eastern Psychological Association Annual Meeting, Philadelphia, PA.

Wells, A. M. (December 2012). *Mental health in the realm of primary prevention: The case for mental health in all policies*. Paper presented as part of concurrent panel session: *Health in All Policies: Why Addressing Health Disparities Requires a Broad Range of Options*, B. Lefkowitz, moderator. Presented at the National Institutes of Health Science of Elimination Health Disparities Summit, National Harbor, MD.

Wells, A. M., BeLue, R., & *Wright, F. (December 2012). *The impact of Violence on Educational Attainment among Black University Students*. Poster presented at the National Institutes of Health Science of Elimination Health Disparities Summit, National Harbor, MD.

- Wells, A. M.,** BeLue, R., & *Wright, F. (December 2012), Black Women Under 40: Cancer Screening and Health Decision-Making. Poster at presented the National Institutes of Health Science of Elimination Health Disparities Summit, National Harbor, MD.
- Wells, A. M.,** Perrino, C.S., & Scott-Johnson, P.E. (August 2011), Convergence: Graduate Program in Psychometrics at Morgan State University and APA Priorities. Paper presented for the *Diversity in Psychometrics Symposium* at the 2011 Annual Convention of the American Psychological Association, Washington, DC.
- *Mugo, M., *Jackson, A. D., *Daniel, M. G., *Rollins, C., *Khanal, D., *Beersingh, Y., **Wells, A. M.,** Etienne, P., Perrino, C. S., Haines, R. T., & Scott-Johnson, P. E. (August 2011). *Measurement: Prerequisite for quality control*. Paper presented for the *Diversity in Psychometrics Symposium* at the 2011 Annual Convention of the American Psychological Association, Washington, DC.
- Wells, A. M.,** *Daniel, M. G., & *Hall, E. L. (February 2011). *Violence exposure and academic performance among black university students*. Poster presented at the 2011 Annual Meeting of the American Association for the Advancement of Science, Washington.
- Wells, A. M.** (September 2008). *Battles in the aftermath: The mental health impact of the Iraq and Afghanistan wars on U.S. veterans and their families*. Paper presented at the First International Sociological Association Forum, Barcelona, Spain.
- Wells, A. M.** (June 2008). *How old are african american women when they receive their first mammogram? Results and policy implications from a church-based study*. Paper presented at the Annual Meeting of the Kellogg Health Scholars Program.
- Wells, A. M.,** Bowie, J. V., Juon, H., & Sydnor, K.D. (April 2008). *Age at first mammogram among african american women: Results from a church-based study*. Poster presented at the 11th Biennial Symposium on Minorities, the Medically Underserved, and Cancer.
- Wells, A. M.** & King, D. (February 2007). *Approaches to community-based research: Examples from cancer studies*. Seminar for Plenary Workshop on Engaging the Community in Research at the Kellogg Health Scholars Program Conference, Chapel Hill, NC.
- Wells, A. M.,** Fitzgibbon, M. L., Thomas, J. P., & Stolley, M. R. (October 2006). *Spiritual health locus of control and breast cancer risk reduction in african american women*. Poster presented at the National Institutes of Health Conference on Understanding and Reducing Health Disparities: Contributions of the Behavioral and Social Sciences.
- Stolley, M., **Wells, A.,** & Simon, N. (April 2004). *Lifestyle behavior changes following a breast cancer diagnosis: Experiences of african-american women*. Poster presented at the 9th Biennial Symposium on Minorities, the Medically Underserved, and Cancer.
- Johnsen, L., Fitzgibbon, M., & **Wells, A.** (2002). *Correlates of obesity, eating pathology, and physical activity among african-americans and latinas*. Paper presented at the Annual Meeting of the Academy of Eating Disorders.
- Stolley, M., Fitzgibbon, M., Johnsen, L., & **Wells, A.** (April 2002). *Culturally competent weight loss interventions for minority populations*. Seminar presented at the Annual Meeting Scientific Session of the Society of Behavioral Medicine.
- Fitzgibbon, M., Stolley, M., & **Wells, A.** (April 2001). *Reducing breast cancer risk in black women: A lifestyle intervention*. Presented at the Annual Meeting Scientific Session of the Society of Behavioral Medicine.

Wells, A. M., Fitzgibbon, M. L., Stolley, M. R., & Briscoe, B. (2001). *The association between african american mothers and children in risk for cardiovascular disease following a 24-week intervention*. Poster presented at the Annual Meeting Scientific Session of the Society of Behavioral Medicine.

INVITED TALKS AND PRESENTATIONS

Wells, A.M. & Briscoe, E.L. (March 2025). *Canvas of the Mind: Enhancing Student Engagement and Belonging Through Interdisciplinary Collaboration*, Invited research presentation to the Gilliam College of Liberal Arts, Morgan State University, Baltimore, MD.

Wells, A.M. (February 2021). *Muscle Relaxation Techniques to Aid Mindfulness*. Invited presentation to the Inaugural MIND 101 course, Morgan State University, Baltimore, MD.

Wells, A.M. (February 2021). *Muscle Relaxation Techniques to Aid Mindfulness*. Invited presentation to the Inaugural MIND 101 course, Morgan State University, Baltimore, MD.

Wells, A.M. (September 2020). *R.E.A.C.H. Out: Managing our Mental Health Today*. Invited presentation to the Psychology Department Open House for Undergraduate Students, Morgan State University, Baltimore, MD.

Wells, A.M. (November 2018). *Let's TALK: PTSD and the Essence of Hope*. Invited talk to the 7th Annual William S. Perper Faith-Health Symposium, Johns Hopkins University Bayview Hospital Conference, Baltimore, MD.

Wells, A.M. (July 2018). *PTSD and Hope in Healing*. Invited talk to the 2018 Global Prayer Convocation Wellness Center Seminar, Baltimore, MD.

Wells, A.M. (October 2017). *Trauma and the Resurgence of Hope*. Invited talk to the 6th Annual William S. Perper Faith-Health Symposium, Johns Hopkins University Bayview Hospital Conference, New York, NY.

Wells, A.M. (September 2017). *I am a Scholar Who Cares About the Human Condition: Words for Women of Honor*. Invited keynote address, Psi Chi International Honor Society in Psychology Induction Ceremony, Notre Dame University, Baltimore, MD.

Wells, A.M. (April 2017). *Mental Health in Communities of Color: Turning Kryptonite into Strength*. Invited talk, Mosaic Week, Loyola University, Baltimore, MD.

Wells, A.M. (February 2016). *Witnessing and Responding to Violence and Trauma*. Invited talk to the Baltimore Researchers' Dinner, Johns Hopkins Urban Health Institute, Baltimore, MD.

Wells, A.M. (February 2015). *"What's Good About America:" The Living Legacy of Ira J.K. Wells, Sr.* Invited Black History Month Talk Presented to Second Baptist Church, Philadelphia, PA.

Wells, A.M. (November 2014). *Intersections of Psychology and Geography - Notes on Climate Change*. Invited comments to docu-series discussion of *Years of Living Dangerously: The Surge*, presented by the Department of Political Science, Morgan State University, Baltimore, MD.

Wells, A.M. (October 2014). *The Effect of Exposure to Community Violence on Academic Achievement among Black College Students on an Urban Campus: Does Victim Status Matter?* Invited talk presented at the School of Computer, Mathematical and Natural Sciences (SCMNS) Interdisciplinary Seminar Series, Morgan State University, Baltimore, MD.

Wells, A.M. & Hodges, A.B. (March 2015). *Building Effective Mentoring Relationships*. Invited talk presented to the Equity in Health Professions Education (EHPE) Symposium: Promoting Student Academic and Career Development in Health and Health Related Fields, School of Community Health and Policy, Morgan State University.

Wells, A. M. & *Nicholas, N. (May 2014). *Identity and Social Determinants of Health: Factors for Consideration in Aging among Veterans*. Invited talk presented to the National Institute of Aging Intramural Research Program Health Disparities Research Section, NIH Biomedical Research Center, Baltimore, MD.

Wells, A. M. (March 2013). *The Case for Mental Health in All Policies*. Invited webinar presented to Maternal Child Health Careers/Research Initiatives for Student Enhancement - Undergraduate Program, Kennedy Krieger Institute, Johns Hopkins University, Baltimore.

Wells, A.M. (May 2011). *In the Aftermath of War: The Social Determinants of Mental Health for Veterans and their Families*. Invited talk presented to the Germantown Friends School Alumni, Alumni Weekend, Philadelphia, PA.

Wells, A. M. (April 2011). *An Introduction to Qualitative Research*. Invited guest lecture presented to the Graduate Program in Psychometrics Scientific Research Methods course, Morgan State University, Baltimore, MD.

Wells, A. M. (Guest Faculty, June 2008). *Linking Community-based Research and Health Policy: Results from a Study of Age at First Mammogram in African American Women*. The Department of Health Disparities Research, The Center for Research on Minority Health, The University of Texas MD Anderson Cancer Center, Houston, TX, 6th Annual Disparities in Health in America Workshop.

Wells, A. M. (April 2008). *Perspectives on Developing a Research Road Map: Connecting CBPR & Policy*. Invited Talk. Graduate Seminar, Johns Hopkins University Bloomberg School of Public Health, Baltimore, MD.

Wells, A. M. (Guest Faculty, June 2007). *War Within: The Impact of Trauma and Violence on Veterans of the Iraq War*. The Department of Health Disparities Research, The Center for Research on Minority Health, The University of Texas MD Anderson Cancer Center, Houston, TX, 5th Annual Disparities in Health in America Workshop.

SEMINARS AND LECTURES

Wells, A.M. (October 2023). Report and workshop: *Campus Health, Safety and Wellbeing Update with Mindfulness Practice*. Presentation to the faculty and staff of the Gilliam College of Liberal Arts, Morgan State University, Baltimore, MD.

Wells, A.M. (March 2021 and April 2021). *Mindfulness and Relaxation*. Workshop presentation to Faculty and Staff as part of the *Mindfulness Matters Workshop Series* for Faculty and Staff, Morgan State University, Baltimore, MD.

Wells, A.M. (April 2021 and May 2021). *Muscle Relaxation Techniques to Aid Mindfulness*. Workshop presentation to Graduate Students as part of the *Mindfulness Strategies for U (MSU): Thoughtful Thursdays* and *Mindful May* series, Morgan State University, Baltimore, MD.

Wells, A. M. (May 2014). Social Determinants of Mental Health and Aging among Veterans: A Primary Prevention Model. Presentation to the College of Liberal Arts (CLA), CLA Year-End Meeting, Morgan State University.

Wells, A.M. (May 2012) The Dissertation - Guidelines for Preparation and Chairing a Dissertation Committee. Presentation to the Graduate Faculty in the Department of Psychology, Morgan State University.

Wells, A. M. and Hodges, A. (August 2010). Tips for Success in Graduate School. Seminar presented at the Second Annual Graduate Program in Psychometrics New Student Orientation, Department of Psychology, Morgan State University, Baltimore, MD.

Wells, A. M. (March 2007). Program Evaluation and Survey Design. Guest Lecture. Graduate Seminar, School of Public Health and Policy, Morgan State University, Baltimore, MD.

Wells, A. M. (July 2005). Spirituality, Black Women, & Breast Cancer Risk Reduction. Presented at Department of Veterans Affairs, Hines VA Hospital, Dissertation Seminar Series.

SELECTED POSTERS AND PAPERS PRESENTED WITH UNDERGRADUATE STUDENTS

Hudnall, F. & **Wells, A. M.** (April 2023) College Once the Pandemic Ends (C.O.P.E.) Study: Student Interactions and Mental Health. Paper presented at the Morgan State University Department of Psychology Annual Biomedical Research Conference.

Hudnall, F. & **Wells, A. M.** (April 2023) College Once the Pandemic Ends (C.O.P.E.) Study: Student Interactions and Mental Health. Paper presented at the 28th Annual Undergraduate & Graduate Research Symposium, Morgan State University.

Oke, M. & **Wells, A. M.** (April 2020) The Relationship between Chronic Marijuana Use and Neurocognitive Functioning, Psychoneurosis and Academic Performance in College Students. Poster presented at the Morgan State University Department of Psychology Annual Mae P. Claytor Conference.

James, K.S. & **Wells, A. M.** (April 2019) Decision Making And Self Awareness in 5th Grade Girls. Poster presented at the Morgan State University Department of Psychology Annual Mae P. Claytor Conference.

Rodriguez, J. A, Barnett, D. I. & **Wells, A. M.** (April 2017) Does Participation in a Social/Emotional Program Have an Impact on Behavior and Emotional Strength in 5th Grade Minority Girls? Poster presented at the Morgan State University Department of Psychology Annual Mae P. Claytor Conference.

Watson, D. C. & **Wells, A. M.** (April 2017). Strengths, Support, and Non-Cognitive Factors in Black and Latina 5th Grade Girls in a Social-Emotional Skills Program. Poster presented at the Morgan State University Department of Psychology Annual Mae P. Claytor Conference.

Stanley, N. J. & **Wells, A. M.** (April 2016). Camelbaks and Backpacks: A Veteran Perspective of Military Friendliness. Poster presented at the Morgan State University Department of Psychology Annual Mae P. Claytor Conference.

Grant, I., Edison, K. & **Wells, A. M.** (April 2012) Breast Cancer Screening Practices and Spiritual Health Locus of Control. Poster presented at the Morgan State University Department of Psychology Annual Mae P. Claytor Conference.

Robinson, C. & **Wells, A. M.** (April 2012) Cervical Cancer Screening and Religiosity in Young African-American Women. Poster presented at the Morgan State University Department of Psychology Annual Mae P. Claytor Conference.

Nicholas, N. A. & **Wells, A. M.** (April 2010). To Screen or Not to Screen: Cancer Screening and Spirituality in African-American Women. Paper presented at the Annual Carolinas Psychology Conference, Raleigh, NC.

Hall, E. & **Wells, A. M.** (April 2010). Exposure to Community Violence and Anxiety in Black College Students. Poster presented at the Morgan State University Department of Psychology Annual Mae P. Claytor Conference.

Nicholas, N. A. & **Wells, A. M.** (April 2010). To Screen or Not to Screen: Cancer Screening and Active Spirituality in African-American Women. Poster presented at the Morgan State University Department of Psychology Annual Mae P. Claytor Conference.

Nicholas, N. A., **Wells, A. M.** (November 2009). Income and Breast Cancer Risk Reduction Behaviors in African-American Women. Poster presented at the Annual Biomedical Research Conference for Minority Students, Phoenix, Arizona.

Nicholas, N. A., **Wells, A. M.** (July 2009). Breast health and Spirituality: Is there a connection? Poster presented at the HBCU-UP, NSF-RISE, MARC U*STAR and MBRS-RISE Summer Research Symposium, Morgan State University, Baltimore, Maryland.

Douglas, V. & **Wells, A. M.** (April 2009). The Impact of Deployment Stressor on Optimism in Veterans of the War in Iraq. Poster presented at the Morgan State University Department of Psychology Annual Mae P. Claytor Conference.

Pediford, L. & **Wells, A. M.** (April 2009) Ramifications of Community Violence for Self-perceived Academic Performance among Black College Students. Poster presented at the Morgan State University Department of Psychology Annual Mae P. Claytor Conference.

GRANTS

- 2024 **Canvas of the Mind: Learning Through Interdisciplinary Collaboration**
Amount of Award: \$9,997
Funding Source: IDC Mini-grant Program, Academic Affairs, Morgan State University
Overall Goals of the Application: Explore the effect of a unique collaboration between psychology and fine art on student learning, reduce stigma related to mental illness, and increase awareness of mental illness and wellbeing.
Role: Principal Investigator
- 2017-2019 **ASCEND Research Pilot Project Program**
Trauma and Alcohol Use Disorder among African American Emerging Adults
Amount of Award: \$50,000
Funding Source: NIH ASCEND Project Grant at Morgan State University
Overall Goals of the Application: The ASCEND grant aims to increase exposure to and skills training in research for underrepresented students to encourage the pursuit of doctoral studies in the sciences.
Role: Co-Investigator
- 2016-2018 **Education Research Service Project (ERSP) “A S.E.L.F. Evaluation.”**
Amount of Award: \$5,000
Funding Source: American Educational Research Association (AERA)
Overall Goals of the Application: The AERA provides competitive ERSP grants to enable researchers to offer their pro bono expertise to educational organizations, institutions, or other community groups that have identified and expressed a need for research assistance.
Role: Principal Investigator
- 2011 **Faculty Development Program Grant**
Amount of Award: \$5,000
Funding Source: Morgan State University
Overall Goals of the Application: The Morgan State University Office of Academic Affairs Faculty Development Program Summer Grants provide faculty with seed money to foster the advancement of new pedagogy, research, scholarship and creative works.
Role: Grant Recipient

2007-2009 **Health Disparities Loan Repayment Program Grant**
Funding Source: National Institutes of Health
Overall Goals of Application: To continue research in health disparities, specifically a research program focused on cancer screening and African Americans.
Role: Grant Recipient

ACADEMIC AND PROFESSIONAL HONORS

2024	Certificate of Appreciation for Commitment to Students and their Academic Success, Morgan State University Office of Residence Life and Housing
2022	Certificate of Appreciation for Commitment to Students and their Academic Success, Morgan State University Office of Residence Life and Housing
2021	Certificate of Achievement for Integration of Virtual Exchange/COIL Programming, Morgan State University
2017	Presidential Citation, American Psychological Association, Division One
2017	Recognition Award, Outstanding Service, American Psychological Association, Division One
2015-2016	STEM Women of Color Conclave Travel Award
2010	Inducted into Psi Chi, International Honor Society in Psychology
2007-2009	NIH Health Disparities Scholar
2008	Health Disparities Research Award, Morgan State University
1999-2001	Minority Fellowship, The Graduate School, Northwestern University
1996	Outstanding Student of Psychology Award, Connecticut Psychological Association, Inc.
1990	Women's Leadership Award, Afro-American Cultural Center at Yale
1986	National Achievement Scholar

PROFESSIONAL MEMBERSHIPS

- American Psychological Association
- Association for Psychological Science

INTERVIEWS

2021	Davis, Phil (2021, January 1). It's not weird to talk to yourself: Local experts cite pandemic, unrest. <i>Baltimore Sun</i> .
2020	Nobles, W.P. III (2020, March 26). Here's how to reduce your stress over the coronavirus pandemic. <i>Baltimore Sun</i> .
2020	Campbell, Colin (2020, March 28). 'IT'S NOT EASY' For seniors, social distancing comes with a side effect: Loneliness. <i>Baltimore Sun</i> , p.1.
2019	Panel Guest, <i>For the Culture</i> with Farajii Muhammad, WEAA 88.9 FM. Civic and Community Engagement and Community University Partnerships, January 29, 2019

SERVICE

NATIONAL/ STATE

2018-2022	Cultural and Linguistic Competency Committee, State of Maryland Behavioral Health Advisory Council
2017-2019	Hilgard Lifetime Achievement Award Selection Committee, American Psychological Association Division One
2017	STEM Proposal Reviewer, American Association of Colleges and Universities Project Kaleidoscope STEM Conference

2017	Reviewer, <i>American Journal of Undergraduate Research</i>
2016	Symposium Discussant, <i>Competence and Expertise</i> , American Psychological Association Annual Convention
2015-present	Gubernatorial Appointee, State of Maryland Behavioral Health Advisory Council
2015	Student Research Award Committee Member and Reviewer, American Public Health Association, Subcommittee for the Aging and Public Health Section
2015	Representative (Division One, General Psychology) to the First American Psychological Association Public Interest Leadership Conference
2015	Invited Institutional Advisor for the Preparing Critical Faculty for the Future Reverse Site Visit meetings, Association of American Colleges and Universities, Office of Undergraduate STEM Education
2015-2016	Invited Reviewer, Applications to Project Kaleidoscope Summer Leadership Institute for Faculty and Administrators
2014-2017	Secretary, Division One, American Psychological Association
2014	Symposium Chair, <i>Social Determinants, Self-Efficacy, and Identity: Relationship to Health and Well-Being among Veterans</i> , American Psychological Association Annual Convention
2014	Ad-hoc Manuscript Reviewer, <i>Progress in Community Health Partnerships: Research, Education, and Action</i>
2013	Dissertation Reviewer, New York Academy of Sciences Dissertation Competition
2012	Ad-hoc Manuscript Reviewer, <i>Progress in Community Health Partnerships: Research, Education, and Action</i>
2012	Invited Moderator, Wealth & Wellness Summit, Howard University
2011	Grant Reviewer, Faculty Development Research Grants, Stevenson University
2010	Grant Proposal Reviewer, Center for Minority Health Services Research, Howard University
2010	Abstract Reviewer, Annual Biomedical Research Conference for Minority Students
2009	Ad-hoc Manuscript Reviewer, <i>Progress in Community Health Partnerships: Research, Education, and Action</i>
2008	Grant Reviewer, Susan G. Komen for the Cure National Race for the Cure Community-Academic Partnership Grants
2008	Abstract Reviewer, American Public Health Association Annual Meeting
2007	Ad-hoc Reviewer, <i>Progress in Community Health Partnerships: Research, Education, and Action</i>
2006	Grant Reviewer, Susan G. Komen for the Cure National Race for the Cure Community-Academic Partnership Grants

LOCAL

2024-present	CDC Advisory Board, Robert C. Hunt Revitalization Center, Baltimore, MD
2024-present	Health Ministry, Southern Baptist Church, Baltimore, MD
2020-2022	Task Force to Address COVID-19 Reopening, Southern Baptist Church, Baltimore, MD
2020-present	Finance Ministry, Southern Baptist Church, Baltimore, MD
2018-2020	Education Partner, Park Heights Renaissance, Baltimore, MD
2018-2021	Organizing Committee and Mentor, Girl Friends Network Mentoring Program, Southern Baptist Church, Baltimore, MD

ACADEMIC – COLLEGE AND UNIVERSITY

2024	Presidential Appointee to Morgan State’s Middle States Commission of Higher Education (MSCHE) Self-Study Committee - Standard IV: Support of the Student Experience
2023-present	Chair, Scholarships and Graduate Opportunities Committee, College of Liberal Arts, Morgan State University
2023	Customer Service Alliance Group (to develop RFP to enhance university customer service)
2022-2023	Chair, University Standing Committee on Health, Safety, and Well-being
2022	Search Committee - Inaugural Dean of the College of Interdisciplinary and Continuing Studies
2021	Committee on University Programs of Distinction and Significance
2021-2023	College of Liberal Arts Promotion and Tenure Committee
2021	Search Committee - Director of the University Counseling Center
2020-2021	Co-Chair, Morgan State University Mental Health Task Force
2020-2022	University Council Representative, Representing the College of Liberal Arts
2021	Co-Chair, University Council Ad-hoc Executive Council Election Committee
2020	Chair, Committee on Mindfulness Offerings for Faculty, Staff, and Graduate Students
2020	Development Committee, New One-Credit Course on Mindfulness for Undergraduate Students
2020 & 2021	Invited Expert Reviewer, Morgan CARES (<u>C</u> ommunity <u>A</u> ligned <u>R</u> esearch <u>S</u> olutions) Community Award, NIH RCMI at Morgan
2017-2019	Provost’s Task Force to Address Civic and Community Engagement at Morgan
2017	School of Social Work Promotion and Tenure Committee
2017	Faculty Representative to Football Program Recruiting Events

- 2016-2018 Presidential Appointee to Morgan State's Middle States Commission of Higher Education (MSCHE) Self-Study Committee - Standard IV: Support of the Student Experience
- 2015 Invited Session Developer and Facilitator, *Building Effective Mentoring Relationships*, Equity in Health Professions Education (EHPE) Symposium: Promoting Student Academic and Career Development in Health and Health Related Fields, School of Community Health and Policy, Morgan State University
- 2014 Faculty Interviewer, MBRS-RISE Student Selection Committee
Morgan State University
- 2012 Co-Planner and Moderator, Interdisciplinary Discussion Series, *for colored girls who have considered suicide/ when the rainbow is enuf*, Morgan State University
- 2012 Faculty Interviewer, MBRS-RISE Student Selection Committee
Morgan State University
- 2011-2012 Advisory Board, MBRS-RISE NIH Grant Renewal
Morgan State University
- 2011-2012 College of Liberal Arts Mission Statement Committee
Morgan State University
- 2011 Panel Moderator, Annual Graduate Science Career Workshop
Morgan State University
- 2010-2013 Planning Committee Member, Annual Graduate Science Career Workshop
Morgan State University
- 2010 Executive Planning Committee Member, 1st Annual Intersections: Gender, Race and Sexuality Conference, Morgan State University
- 2009 Moderator and Panelist, Annual Graduate Science Career Workshop
Morgan State University

ACADEMIC – DEPARTMENT

- 2025-present Chair (Appointed), Faculty Search Committee, Department of Psychology
Morgan State University
- 2023-2025 Chair (Appointed), Promotion and Tenure Committee, Department of Psychology
Morgan State University
- 2019 Organizer and Host, Distinguished Author Reading and Symposium on Mental Health
Morgan State University
- 2019-2022 Chair, Committee to Address Equity in Course Scheduling, Department of Psychology,
Morgan State University
- 2018-2023 Chair, Department of Psychology Workload Equity Committee
Morgan State University
- 2018-2020 Department Lead, National Faculty Workload and Rewards Project (FWRP), Department of
Psychology, Morgan State University

2018	Panel Facilitator, 'I Am Psyched' American Psychological Association Traveling Popup Museum Program, Morgan State University
2017-2022	Promotion and Tenure Committee, Department of Psychology, Morgan State University
2017-2023	Chair (2017-2019), Psychology Department Adjudication Committee Morgan State University
2014-2025	Chair (2019-2022) Psychology Department Curriculum Committee, Department of Psychology, Morgan State University
2009-2013	Psychology Department Adjudication Committee Morgan State University
2014-present	Moderator, Oral Presentation Session, Annual Mae P. Claytor/Martin D. Jenkins Department of Psychology Undergraduate Research Symposium, Morgan State University
2012-2015	Chair, Graduate Program in Psychometrics Adjudication Committee Morgan State University
2010-2015	Chair, Graduate Program in Psychometrics Admissions Committee Morgan State University
2010-2015	Chair, Graduate Program in Psychometrics Comprehensive Exam Committee Morgan State University

CERTIFICATIONS & ADDITIONAL PROFESSIONAL DEVELOPMENT

- Quality Matters
- Mental Health First Aid Trainer
- Student Experience Project
- The Discussion Project
- STEM Women of Color Leadership Colloquium

