Benefits of a Mentor

BASIC TIPS:

- It is extremely helpful to have great mentors around you who can help develop you at different points in your professional career.

- There may be characteristics you see in an industry leader or professional that you think you would love to have that person as a mentor.

- Seek out:
  - Professors
  - Career Services professionals
  - Employers when they come to campus

- Start basic! Get coffee with someone. Don’t be afraid to reach out to someone at your internship or co-op that has a title related to something you might be interested in.

- Don’t meet someone and ask “Can you be my mentor?” You want to make sure you have first established a relationship with them.
  - Friend them on LinkedIN
  - Grab lunch with them
  - Meet with them when they come back to campus

- Having someone that you have confidence in to be able to ask questions during your internship/co-op or even during your job search is really valuable.

- Think of a mentor as someone who can guide you through your entire career.